



# THE FOREST

LET'S GO! WHERE GREAT FUN IS SAFE FUN

Open Thursday to Sunday & on public holidays from 8:30am to 5:30pm

1st session starts at 9:00am

Last session starts at 4:00pm

**\*MPESA AND CARD PAYMENTS ONLY**

We don't handle cash on site  
(No M-pesa agent)

An hour from ABC (traffic permitting) near Limuru, in Kereita Forest. Enjoy a wide range of activities, from high adrenaline to tranquil absorption of the surrounding nature.

## RATES

ACTIVITY		DURATION	PRICING	
BOOKING IS ESSENTIAL TO AVOID DISAPPOINTMENT		(approx.)	ADULT	CHILD (12yrs or less)
	<b>FLYING FOX ZIP TOUR</b>	Minimum height requirement is 1.4m. Maximum weight limit is 115kgs.	2.2 kms / 6 lines / 2 hrs	3,250
	Glide over the canopy at heart racing speeds .		750m / 2 lines / 45 mins	2,750
		Below height of 1.4m.	<b>*Junior Kid's Zipline</b>	
		Once every month.	800	
	<b>MOUNTAIN BIKING</b>			
	Rent and ride through The Forest	1 Hour	1,000	800
		2 Hours	1,200	1,000
	Bring your own bike to use on The Forest trails	Full Day	1,000	500
	<b>PAINT BALLING</b>	100 paint balls to blast away	1 hour	2,100
	Additional 50 paintballs at			1,900
	<b>ARCHERY</b>	Learn the skills of true marksmanship - Warning: can be addictive!	1 hour	2,100
			1,450	1,350
	<b>NATURE WALKS</b>	Inspiring and informative - a guide leads you through the forest and its secrets	1 hour	400
			2 hours	200
			Self-guided	600
			Free	400
	<b>TREE PLANTING</b>	Give back to the future through an indigenous tree	Per Tree	250
				250
	<b>FOOTGOLF</b>	Upto 10 hole course in The Forest Min 2 pax per game / Max 8 pax per game	1 hour	1,000
				800
	<b>HORSE RIDING</b>	The Forest on horse back WOW!! From first timers to expert riders.	30 mins	2,100
			1 hour	1,500
	<b>CAMPING</b>	Enjoy star-lit nights at The Forest Firewood and non drinkable water provided Meals to cook can be ordered from the restaurant		2,600
				2,000
	<b>TEAM BUILDING</b>	Blow the cobwebs of distanced teams and build for success.		
			<b>*Plus ksh. 2,000 for 2 compulsory night guards</b>	
	<b>PLAY GROUND</b>	Lots of fun for all children ages 12 yrs and under at no charge.	1,000	500
			per person (Under 4yrs Free)	
			Write to <a href="mailto:info@theforest.co.ke">info@theforest.co.ke</a> . We'll send you a questionnaire for you to fill.	
			<b>*Must be supervised</b>	

\*TICKETS ONCE ISSUED ARE NON-REFUNDABLE \*ACTIVITIES MAY BE AFFECTED DUE TO ADVERSE WEATHER \*ALL ACTIVITIES MUST BE PAID FOR IN FULL AND BE ISSUED WITH A TICKET  
Appropriate clothing to be worn: Suncream, out-door shoes, trousers(no-skirts), hats, warm and rain proof clothing.  
Reasonable standards of fitness are required. The Forest is at an altitude of 2,500.

**FOR BOOKINGS PLEASE CALL +254 (0)711 11 22 33.**

For general enquiries, information, group bookings and Team re-building packages please email:

[info@theforest.co.ke](mailto:info@theforest.co.ke)



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