



An hour from ABC (traffic permitting) near Limuru, in Kereita Forest. Enjoy a wide range of activities, from high adrenaline to tranquil absorption of the surrounding nature.

Open Thursday to Sunday & on Public Holidays from 8:30am to 5:30pm

1st session starts at 9:00am

Last session starts at 4:00pm

**\*MPESA AND CARD PAYMENTS ONLY**

We don't handle cash on site  
(No M-pesa agent)

# RATES

ACTIVITY BOOKING IS ESSENTIAL TO AVOID DISAPPOINTMENT	DURATION (approx.)	PRICING	
		ADULT	CHILD (12yrs or less)
<b>THE FOREST RESTAURANT</b> Spectacular views over the valleys, while you enjoy local grown healthy food to match all budgets and preferences	<b>Picnics not allowed</b>		
			
<b>FLYING FOX ZIP TOUR</b> Glide over the canopy at heart racing speeds .	Minimum height requirement is 1.4m. Maximum weight limit is 115kgs.  Below height of 1.4m.  Check our site & socials for upcoming dates.	2.2 kms / 6 lines / 2 hrs 750m / 2 lines / 45 mins	3,250 2,100
		<b>*Junior Kid's Zipline</b>	2,750 2,100
		<b>*Night Zipline</b> / 2 lines	800
	<b>MOUNTAIN BIKING</b> Rent and ride through The Forest	1 Hour 2 Hours	1,000 1,200
	Bring your own bike to use on The Forest trails	Full Day	1,000 500
	<b>PAINT BALLING</b> 100 paint balls to blast away	1 hour	2,100 500
	Additional 50 paintballs at		
	<b>ARCHERY</b> Learn the skills of true marksmanship - Warning: can be addictive!	1hour	1,450 1,350
	<b>NATURE WALKS</b> Inspiring and informative - a guide leads you through the forest and its secrets	1 hour 2 hours Self-guided	400 600 Free
	<b>TREE PLANTING</b> Give back to the future through an indigenous tree	Per Tree	250 250
	<b>FOOTGOLF</b> Upto 10 hole course in The Forest Min 2 pax per game	1 hour	1,000 800
	<b>HORSE RIDING</b> The Forest on horse back WOW!! From first timers to expert riders.	30 mins	2,100 2,600
	<b>QUAD BIKE</b> Conquer rugged trails and scenic routes on an electric quad bike — pure adrenaline on four wheels!	15 mins 30 mins	2,000 3,500
	<b>LASER TAG</b> High-tech hide-and-seek with lasers! Safe, painless, and endlessly fun.	30 mins 1 hour	1,100 2,000
	<b>CAMPING</b> Enjoy star-lit nights at The Forest Firewood and non drinkable water provided Meals to cook can be ordered from the restaurant	*Plus ksh. 2,000 for 2 compulsory night guards	1,000 per person (Under 4yrs Free) 500
	<b>TEAM BUILDING</b> Blow the cobwebs of distanced teams and build for success.	Write to info@theforest.co.ke. We'll send you a questionaire for you to fill.	
	<b>PLAY GROUND</b> Lots of fun for all children ages 12 yrs and under at no charge.	*Must be supervised	

\*TICKETS ONCE ISSUED ARE NON-REFUNDABLE \*ACTIVITIES MAY BE AFFECTED DUE TO ADVERSE WEATHER \*ALL ACTIVITIES MUST BE PAID FOR IN FULL AND BE ISSUED WITH A TICKET

Appropriate clothing to be worn: Suncream, out-door shoes, trousers(no-skirts), hats, warm and rain proof clothing.

Reasonable standards of fitness are required. The Forest is at an altitude of 2,500.

**FOR BOOKINGS PLEASE CALL +254 (0)711 11 22 33.**

For general enquiries, information, group bookings and Team re-building packages please email:

